

## What Is Early Intervention?

**E**arly Intervention is the process of anticipating, identifying and responding to concerns about a child's development to minimize potential adverse effects and maximize healthy development. While all infants and toddlers learn at their own pace, some may need extra help to develop certain skills.

## How Can Baby Watch Help?

**B**aby Watch Early Intervention services are provided by 15 agencies statewide. The early intervention team, which includes parents, will develop a plan to identify the services and supports needed by the child and family. Services are individualized to meet specific needs and may include:

- Special Instruction
- Parent/family training and support
- Physical/Occupational Therapy
- Speech and Language services
- Hearing and/or Vision services
- Nutritional services
- Nursing



## Who Is Eligible for Baby Watch Services?

**E**arly Intervention provides support and services to families with children birth to age three who have developmental delays, disabilities, or diagnosed conditions, such as Down Syndrome or Spina Bifida.

Caring professionals provide a full evaluation or assessment of a child's current development and a health review, including a hearing and vision screening, at no cost.

Baby Watch respects the routines of families. Services are provided wherever a child spends their day. This may be at home, a child care setting, or community program.

## Who Do I Call?

**A**nyone can ask about the program including parents, doctors, social workers, etc. Contact your local program (see list located on the back page) or call:

801-273-2998  
1-800-961-4226

For more information on:

- Child Development
- Early Intervention Services
- Parent Resources
- Program Locations

Access the Baby Watch Website at:  
[www.UtahBabyWatch.org](http://www.UtahBabyWatch.org)

## Developmental Milestones

**1 - 2 Months:** *Does your baby...*

- Pay Attention to faces
- Respond to sounds
- Follow objects with eyes
- Begin to smile at people
- Make sounds, coos and gurgles
- Lift head when lying on tummy
- Hold head up for brief periods

**3 - 4 Months:** *Does your baby...*

- Smile spontaneously, especially at people
- Enjoy playing with people and responding to affection
- Copy some movements and facial expressions
- Babble and copy sounds he/she hears
- Cry in different ways to show hunger, pain, or being tired
- Follow moving things with eyes from side to side
- Recognize familiar people and things at a distance
- Explore toys with hands and mouth
- Reach for and bat at objects
- Hold head steady when unsupported

**5 - 6 Months:** *Does your baby...*

- Respond to other's emotions
- Make sounds to show joy or displeasure
- Imitate sounds
- Look in the direction that the parent is looking
- Reach and grasp object and put in mouth
- Pass toys from hand to hand
- Play with feet and bring them to mouth
- Try to get objects that are out of reach
- Roll over in both directions
- Sit and stand with support

## Developmental Milestones cont.

### 7 - 8 Months: *Does your baby...*

- Respond to his/her own name
- Respond to other's expressions
- Stop crying when you talk to them
- Look for things he/she sees you hide
- Look intently at pictures in a book
- Babble a string of sounds (mamama, bababa)
- Copy sounds and gestures of others
- Sit without support and play with toys
- Get in and out of sitting
- Start to crawl

### 9 - 10 Months: *Does your baby...*

- Show fear of strangers
- Have favorite things and people
- Show objects to you
- Enjoy games like peek-a-boo and pat-a-cake
- Listen when spoken to
- Recognize common words
- Explore objects in different ways, like shaking, banging, throwing
- Give you object you request with a gesture
- Pull up, stand, get down from furniture
- Crawl well on hands and knees

### 11-12 Months: *Does your baby...*

- Wave bye-bye
- Point to objects and events they observe
- Look, reach or gesture to get object he wants
- Use one or two words
- Make likes/dislikes known
- Drink from a cup
- Pick up small objects
- Walk holding onto furniture
- Climb on furniture or stairs

## Baby Watch Early Intervention Programs

Central Utah Health Dept. E.I.....435-896-5451  
(Juab, Millard, Sanpete, Sevier, Piute, Wayne Counties)

Davis School District Early Childhood Program.....801-402-5408  
(Davis County)

DDI VANTAGE.....801-266-3939  
(Murray, Salt Lake, and Granite School Districts; Tooele and Duchesne Counties)

Jordan Child Development Center..801-567-8510  
(Jordan/Canyons School Districts, South Salt Lake County)

Kids On The Move.....801-221-9930  
(Alpine School District, North Utah County)

Kids Who Count.....801-423-3000  
(Nebo School District, South Utah County)

PEIP a Program of Easter Seals Northern Rocky Mountain.....801-852-4525  
(Provo School District, Central Utah County)

PrimeTime 4 Kids.....435-789-5409  
(Uintah and Daggett Counties)

San Juan School District E.I.....435-678-1222  
(San Juan County)

Southeastern Utah E. I. Program....435-637-3950  
(Carbon, Emery, and Grand Counties)

Southern Utah University E.I.....435-586-6070  
(Beaver, Iron, Garfield, and Kane Counties)

Summit County E.I.....435-333-1520  
(Summit and Wasatch Counties)

The Learning Center for Families....435-673-5353  
(Washington County)

Up to 3 Early Intervention.....435-797-3727  
(Cache, Rich, and Box Elder Counties)

Weber-Morgan Early Intervention....801-476-5460  
(Weber and Morgan Counties)

### Statewide Services

Deaf/Blind Services.....801-629-4769

Parent Infant Program.....801-629-4743

## The Utah Baby Watch Early Intervention Program



**For Infants and Toddlers  
Ages Birth to Three  
with Disabilities or  
Developmental Delays**

**Baby  
Watch**  
Early Intervention Program  
Birth To Three Development